

# Clinical Trials at King's Health Partners



**More people than ever before are accessing new and better treatments through participation in clinical research**

King's Health Partners is helping to lead an increase in the levels of clinical research in the NHS. In a sign of the research strength at the heart of our partnership, South London and Maudsley, King's College Hospital and Guy's and St Thomas' NHS Foundation Trusts have all increased their numbers of clinical trials in the last year.

## CLINICAL TRIALS BY NUMBERS

**38,000 patients**



took part in clinical studies at our partner trusts last year.

**More than 19,000 patients**



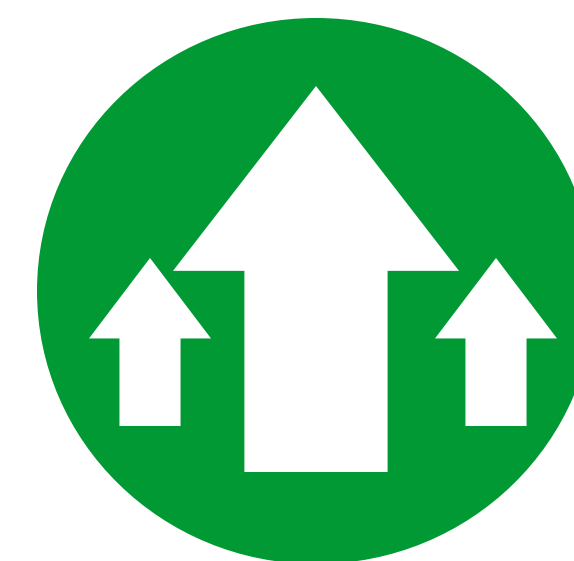
were recruited for clinical research studies at Guy's and St Thomas' NHS Foundation Trust making them top in London.

**The number one mental health trust**



in the country for the number of open studies was South London and Maudsley NHS Foundation Trust, with 13% more participants recruited than last year.

**9% increase**



in the number of life science industry open studies at King's College Hospital NHS Foundation Trust, with over 16,000 participants in all clinical research studies.

## CLINICAL TRIALS IN ACTION



More than 2 million people are admitted to Accident and Emergency with chest pains every year.

We are working with the British Heart Foundation to develop new and more sensitive blood tests which will help doctors to better diagnose (or rule out) heart attacks and plan care accordingly. [Find out more.](#)



Motor Neurone Disease (MND) is a rapidly progressive, life-limiting neurological disease with no known cure.

We are investigating if it is possible to adapt Acceptance and Commitment Therapy for people with MND to find out whether, along with usual care, it improves the psychological health of people with the condition. [Find out more.](#)



As an Academic Health Sciences Centre, our purpose is to translate cutting-edge research into excellent patient care. We know there is a clear correlation between the numbers of patients entering into trials and better clinical outcomes, so I am delighted to see that our trusts are continuing to lead clinical research in London.



**Professor Sir Robert Lechler,  
Executive Director, King's Health Partners**