Paediatric Ambulatory Care Conference

- Transformational Change

Wednesday 20th July 2016

Foetal Medicine Research Institute, King’s College Hospital
Dear Colleagues,

It gives us great pleasure to welcome you to the inaugural Paediatric Ambulatory Care Conference.

Our main aim in convening this conference is to facilitate learning and sharing of ideas related to the specialty of Ambulatory Paediatrics across professional, organisational and geographical boundaries.

In some regards, we are currently experiencing significant professional challenges. However, this also creates an atmosphere for great opportunities as regards the delivery of health care for children and young people.

Our theme this year is Transformational Change. We are deeply appreciative to our faculty who have graciously committed their time to share with us their expertise. Throughout the day, we will learn from their experiences of successfully implementing and sustaining change in a wide variety of clinical settings.

The children and families we serve are at the heart of everything we strive for professionally. It was therefore a priority for us to place a strong focus on them. We have incorporated them as essential members of our expert faculty in order to obtain rich learning from their unique stories, experiences and opinions.

We hope that you enjoy the day and leave with valuable lessons which are of relevance to your own workplace.

Warm regards

The Paediatric Ambulatory Team

King’s College Hospital
**Programme**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>0830-0900</td>
<td>Registration</td>
</tr>
<tr>
<td>0900-0910</td>
<td>Welcome Address and Conference Overview</td>
</tr>
<tr>
<td>0910-0940</td>
<td>Facing the Future Together for Child Health- Translating standards into clinical practice</td>
</tr>
<tr>
<td></td>
<td>Dr Omowunmi Akindolie, Consultant in Ambulatory Paediatrics</td>
</tr>
<tr>
<td>0940-1025</td>
<td>Keynote Address: Challenges and opportunities for developing an integrated approach for managing the acutely sick child</td>
</tr>
<tr>
<td></td>
<td>Professor Monica Lakanpaul, Professor of Integrated Community Child Health</td>
</tr>
<tr>
<td>1025-1100</td>
<td>Refreshment Break and Poster Viewing</td>
</tr>
<tr>
<td>1100-1145</td>
<td>Service Redevelopment Panel</td>
</tr>
<tr>
<td></td>
<td>Mrs Sarah Clarke- Divisional Director, Royal Marsden Hospital</td>
</tr>
<tr>
<td></td>
<td>Dr Sadru Kheraj- GP Partner, Herne Hill Group Practice</td>
</tr>
<tr>
<td></td>
<td>Dr Rachael Mitchell- Darzi Fellow, University Hospital Lewisham</td>
</tr>
<tr>
<td></td>
<td>Ms Zoe Tribble- Clinical Team Manager, Children’s Outreach Team, King’s College Hospital</td>
</tr>
<tr>
<td>1145-1215</td>
<td>The Well Centre- A one, stop shop, drop in youth health centre</td>
</tr>
<tr>
<td></td>
<td>Dr Stephanie Lamb, GP Partner Herne Hill Group Practice, Co- Founder of The Well Centre</td>
</tr>
<tr>
<td>1215-1345</td>
<td>Lunch</td>
</tr>
<tr>
<td>1345-1415</td>
<td>Developing a Paediatric Ambulatory Unit- The first 100 days</td>
</tr>
<tr>
<td></td>
<td>Dr Trisha Radia, Consultant Paediatrician, Croydon University Hospital</td>
</tr>
<tr>
<td>1415-1445</td>
<td>Intensive Treatment Programme- An Innovation in the management of eating disorders</td>
</tr>
<tr>
<td></td>
<td>Dr Mima Simic, Consultant Child and Adolescent Psychiatrist, South London and Maudsley NHS Trust</td>
</tr>
<tr>
<td>1445-1515</td>
<td>Developing a Paediatric Ambulatory Service in Lagos, Nigeria</td>
</tr>
<tr>
<td></td>
<td>Dr Dayo Ajayi- Obe, Consultant in Ambulatory Paediatrics, Hammersmith Hospital</td>
</tr>
<tr>
<td>1515-1545</td>
<td>Refreshment Break and Poster Viewing</td>
</tr>
<tr>
<td>1545-1615</td>
<td>Children, Young People and Family Panel</td>
</tr>
<tr>
<td></td>
<td>Patient experience stories, Q&amp;A with the audience</td>
</tr>
<tr>
<td>1615-1645</td>
<td>Immunotherapy: Delivering a safe service on the Day Unit and beyond</td>
</tr>
<tr>
<td></td>
<td>Dr Nicola Brathwaite, Consultant Paediatric Allergist</td>
</tr>
<tr>
<td></td>
<td>Ms Melanie Davies and Ms Ashira Simmons- Paediatric Allergy Clinical Nurse Specialists</td>
</tr>
<tr>
<td></td>
<td>Llewellyn Deeprose– Morrison, Young Person Service User, King’s College Hospital</td>
</tr>
<tr>
<td>1645-1715</td>
<td>Optiflow at Home- The patient journey</td>
</tr>
<tr>
<td></td>
<td>Dr Cara Bossley, Consultant in Paediatric Respiratory Medicine</td>
</tr>
<tr>
<td></td>
<td>Ms Emily Downing, Paediatric Respiratory Clinical Nurse Specialist</td>
</tr>
<tr>
<td></td>
<td>Paula Garland, Parent and service user, King’s College Hospital</td>
</tr>
<tr>
<td>1715</td>
<td>Closing Remarks</td>
</tr>
<tr>
<td>1730-1800</td>
<td>Networking evening drinks reception</td>
</tr>
</tbody>
</table>
Keynote Speaker

Professor Monica Lakhanpaul

Professor Monica Lakhanpaul is a Professor of Integrated Community Child Health at the UCL-Institute of Child Health and Head of the Population Policy and Practice. In addition she holds a position as Programme Director of the UCLPartners Academic Health Science Network (AHSN) Integrated Children and Young People’s Programme, responsible for Central, North and North East London as well as being an Honorary Consultant Paediatrician at Whittington Health and Great Ormond Street Hospital.

Monica was the founding Clinical Director for the National Collaborating Centre for Women and Children’s Health commissioned by NICE to develop guidelines for women and children for the NHS in the UK. She was the first Paediatric NICE fellow to be appointed in 2010. In the same year she received the Public Sector Asian Woman of Achievement Award for her work with children nationally and internationally and for her wider public work contributions.

Monica’s research focuses on the translation of evidence into clinical practice and health policy, drawing together education, primary and secondary research to improve health outcomes for children. Her research crosses primary, community and hospital care, social care and education. Central to the research program is to work collaboratively with children and their families, with a particular focus on engaging and mobilising marginalised communities.

Monica has published in peer reviewed journals, been co-editor of international journals, been an author of medical books and has been invited to lecture internationally. She has had a number of national roles including being a member of the RCPCH clinical standards committee, NHS evidence advisory committee and maternity and child health HTA panel member.

Faculty

Mrs Sarah Clarke

Sarah Clarke is Divisional Director of Cancer Services at the Royal Mardsen NHS Foundation Trust, and has been in this post since 2014. Prior to this, she was Divisional Manager of Women and Children's Services at King's College Hospital. During her tenure at King’s, Sarah led on several, significant, large scale change management projects. Her leadership and management skills were pivotal in securing several awards and accolades during this time including:

- British Medical Journal Award – Team of the Year for the Paediatric Sickle Cell Team
- Nursing Times Award – Highly commended in Improving Maternity Services
- Nursing Times Awards – Finalist in Team of the Year Category
- Building Better Healthcare Awards – Highly Commended in Project Team Category

Sarah is a graduate of De Montfort University and dedicated her early professional career to roles as a business Analyst and Consultant at Deloitte before making the subsequent transition to Healthcare.

Dr Sadru Kheraj

I have worked as a GP Principal in Lambeth since 1989 and have been a partner at the Herne Hill Group Practice since 1996.

In addition to my role as a GP, I have extensive experience in medical management, having held medical director roles in various NHS organisations since 1995. This has included health authorities, primary care trusts and strategic health authorities. I was a clinical advisor to the National Clinical Assessment Service and have been an appointed panelist to the General Medical Council.

I have also been actively involved in Clinical Governance, including being the Chair of a Clinical Governance Group.

I have extensive experience in assessing and investigating concerns about clinical practice, primarily around doctors but also with multidisciplinary teams.

I have also been keenly involved working with colleagues at a locality level to improve services, develop change management and provide individual support to improve performance.

I have been an undergraduate tutor for the King’s College London medical school since 1991 and have been actively involved in undergraduate education. I am currently a clinical supervisor for Foundation Year 2 doctors. My lead areas include Primary Care, Community Health, Children’s Safeguarding and Finance.
Dr Rachael Mitchell

Rachael trained at Cambridge and Royal Free Medical School, before venturing South of the river to start her paediatric training in 2010. Rachael has always had a keen interest in paediatric emergency medicine and in medical management. In 2014, Rachael took an ‘OOPE’ to complete a Darzi fellowship in clinical leadership, working on improving acute and ambulatory services at King’s College Hospital. The service redevelopment work that Rachael and the King’s team did was awarded ‘highly commended’ at the National Health Service Journal Awards in 2015, and Rachael gained a PGCert in Clinical Leadership.

Rachael is currently back in training as a core paediatric trainee. She sits on the RCPCH Paediatrics in Medical Management Group, and is involved in rewriting the RCPCH Guidance on Paediatric Short Stay Assessment Units and also working with the Healthy London Partnership to write ‘Unscheduled Care Standards’. She has also worked with RCPCH to develop a national course for trainees sitting their membership examination. Rachael also sits on the RCPCH curriculum subgroup and is involved in the current restructuring of the RCPCH curriculum.

Ms Zoe Tribble

I qualified as a Children’s Nurse in 2003 and immediately knew that Community Nursing was where I wanted to concentrate my skills.

I spent 10 years with the Community Children’s nursing Team in South East London, and I was eager to explore the possibility of developing a service where children could be seen multiple times per day, including out of hours care. When Healthcare at Home (previously Medhome) were approached to provide a service doing just that, I took the opportunity to lead the service and help create what would prove to be a successful, innovative and ground-breaking new team.

The Children’s Outreach Team, as we are now known, has been in service for two years, seen over 350 patients and saved around 1500 bed days. Our patient satisfaction has seen 100% of respondents willing to recommend the service to their friends and families since service commencement date. Together with the ambulatory care service at KCH, we came ‘Highly commended’ in the category for innovation at the Health Service Journal Awards in 2015.

Dr Stephanie Lamb

I am a GP principal in a group practice covering a diverse inner city population of 10,500 in Lambeth, South London and co-founder and clinical lead of the Well Centre, an adolescent health hub with Primary Care, Youth Work and CAMHS.

I have a special interest in developing accessible, young people friendly services in Primary Care and developing targeted services to more vulnerable groups of young people, including young offenders and those with long term conditions.

I am a member of the RCGP Adolescent Health Group.
Dr Trisha Radia

Trisha Radia is the lead consultant of the Paediatric Assessment Unit at Croydon University Hospital. Having recently joined the trust, Trisha has been heavily involved with development of the PAU from the very beginning, including aspects such as operational procedures, location design and signage. With the PAU co-located within the emergency department, Trisha works closely with her paediatrics and emergency department colleagues, to ensure the service is run effectively.

As a South Thames trainee, Trisha developed her interest in acute paediatrics with rotations through intensive care units at the Evelina Children’s Hospital and King’s College Hospital. She hopes to work towards developing a high dependency unit for children at Croydon University Hospital.

Trisha is also an active member of the School of Paediatrics, and currently leads their ‘Return to Clinical Practice’ course.

Dr Mima Simic

Mima Simic is a joint Head of the CAMHS National and Specialist Child and Adolescent Eating Disorder Service (CAEDS) and Consultant Child and Adolescent Psychiatrist for the adolescent DBT Service at the Maudsley Hospital, London, UK. For more than twenty-five years, her clinical work has been focused on development of new treatments for children and adolescents with an eating disorder and/or self-harm. Her main research interest is focused on testing the efficacy of these newly developed treatment interventions.

Mima was trained in a number of psychotherapy treatment modalities and has been active in teaching, training and supervising treatments for child and adolescent eating disorders and self-harm including the multi-family therapy for anorexia nervosa. She is/has been involved as a Principal Investigator/Co-Investigator/Collaborator in the number of research studies including development and testing brief manual-based cognitive-behavioural therapy for adolescent self-harm and large scale multi-centre treatment studies on family treatments for eating disorders and self-harm.

In 2010, Mima leaded the development of the novel Intensive day Treatment Programme (ITP) within CAEDS. ITP offers an integrative treatment approach that combines cognitive remediation therapy, cognitive behaviour therapy, RO dialectical behavior therapy, family therapy, multi-family therapy and paediatric reviews.

Dr Dayo Ajayi Obe

Dayo Ajayi-Obe is a consultant in ambulatory paediatrics at the Hammersmith Hospital. She obtained her medical training at the University of Ibadan and undertook a paediatric residency at the Lagos University Teaching Hospital in Nigeria. She was awarded a British Chevening Scholarship for a fellowship in paediatric infectious diseases at St Mary’s Hospital. She then went on to undertake a MSc in epidemiology at the Harvard University.

She undertook a 2 year sabbatical in 2011 at the Lagoon Hospitals, Lagos in Nigeria where she took up the position as head of department of paediatrics and spearheaded the restructuring of the entire paediatric service with a specific remit to establish paediatric ambulatory services on all the three hospital sites.

She has also undertaken research in paediatric infectious disease epidemiology at the Queen Mary University London conducting a large prospective study on paediatric influenza and RSV in the UK. She pioneered the paediatric TB service at the Hammersmith Hospital. She is a medical student examiner and a tutor on the medical ethics course at Imperial College and also organised the 1st Imperial College London 3 day paediatric CPD course in Lagos in 2013.
Dr Nicola Brathwaite

Dr Nicola Brathwaite MBChB, FCPaed(SA), FRCPCH
Consultant Paediatric Allergist

Dr Nicola Brathwaite is a Consultant Paediatric Allergist at Kings College Hospital, London, appointed in 2005. She completed her specialist training in Paediatrics and Paediatric Allergy in Cape Town, South Africa. Her interests include all aspects of paediatric allergy especially food allergy, the role of allergy in asthma, allergic rhinitis, drug allergies and allergen immunotherapy.

She is an elected Council member of the British Society for Allergy and Clinical Immunology (BSACI) and serves on the BSACI Standards of Care Committee. She is RCPCH College Tutor for Paediatrics at Kings College Hospital and represented the Royal College of Paediatrics on the NICE technology appraisal of Pharmalgen for venom immunotherapy and worked on the RCPCH Allergy Care Pathways project for the Drug, Latex and Venom allergy pathways. She is Joint Lead for the Respiratory and Allergy Module and International Child Health modules of the KCL Advanced Paediatrics MSc.

Ms Melanie Davis

After graduating from the University of Hertfordshire in 2009, Melanie commenced her nursing career at King’s College Hospital. Having worked in accident and emergency department, paediatric neurosurgical and the children’s day unit, she developed a keen interest in allergy and immunology and joined the allergy team in August 2014.

As a paediatric allergy clinical nurse specialist, Melanie works alongside the allergy MDT coordinating and managing patients with complex allergic diseases.

Melanie is one of the two nurses who run the weekly nurse-led services which consists of skin prick testing clinics, inpatient food and drug challenges and in addition subcutaneous and sublingual immunotherapy. There are currently 91 patients on active subcutaneous and sublingual immunotherapy treatment.

She has strong aspirations to further her professional career and is hoping to start her MSc in allergy next year at Imperial College London.
Dr Cara Bossley

Dr Cara Bossley qualified from the University of Manchester in 1998. She trained in Respiratory Paediatrics at the Royal Brompton, Great Ormond Street and King’s College Hospitals. Dr Bossley embarked on a research degree at the Royal Brompton Hospital in 2007, investigating airway inflammation and remodelling in children with severe asthma. She was awarded MD(res) at Imperial College in October 2012. Dr Bossley has presented at international conferences, and has over 20 scientific publications. Dr Bossley was appointed as consultant in Paediatric Respiratory Medicine at King’s in 2013, and is the lead for non-invasive ventilation and sleep. She offers expertise in specialist clinics in difficult asthma, non-invasive ventilation, non-CF bronchiectasis and Cystic fibrosis. Dr Bossley is an active reviewer for a number of paediatric journals including Pediatrics, Archives of Disease in Childhood & PLOS one. Cara is lead investigator in a number of ongoing research projects at King’s College Hospital.

Ms Emily Downing

Emily Downing graduated from The University of Nottingham with a Masters in Nursing Science. She worked at Great Ormond Street Children's Hospital on a busy Specialist Respiratory Ward including High Dependency and the Transitional Care Unit for Long Term Ventilated Children. Following on from GOSH, Emily joined King’s College Hospital team as a Nurse Educator coordinating the roll out of the Bedside Paediatric Early Warning System. Emily has presented studies of Bedside-PEWS at national and international meetings and was awarded Paediatric Nurse of the Year 2014 at King’s College Hospital for her work in rolling out Bedside-PEWS across Child Health and integrating this into the Culture of King’s College Hospital. Emily is currently working at King’s as a Respiratory Clinical Nurse Specialist for children.
Summary of the standards

1. GPs assessing or treating children with unscheduled care needs have access to immediate telephone advice from a consultant paediatrician.

2. Each acute general children’s service provides a consultant paediatrician-led rapid access service so that any child referred for this service can be seen within 24 hours of the referral being made.

3. There is a link consultant paediatrician for each local GP practice or group of GP practices.

4. Each acute general children’s service provides, as a minimum, six-monthly education and knowledge exchange sessions with GPs and other healthcare professionals who work with children with unscheduled care needs.

5. Each acute general children’s service is supported by a community children’s nursing service which operates 24 hours a day, seven days a week, for advice and support, with visits as required depending on the needs of the children using the service.

6. There is a link community children’s nurse for each local GP practice or group of GP practices.

7. When a child presents with unscheduled care needs the discharge summary is sent electronically to their GP and other relevant healthcare professionals within 24 hours and the information is given to the child and their parents and carers.

8. Children presenting with unscheduled care needs and their parents and carers are provided, at the time of their discharge, with both verbal and written safety netting information, in a form that is accessible and that they understand.

9. Healthcare professionals assessing or treating children with unscheduled care needs in any setting have access to the child’s shared electronic healthcare record.

10. Acute general children’s services work together with local primary care and community services to develop care pathways for common acute conditions.

11. There are documented, regular meetings attended by senior healthcare professionals from hospital, community and primary care services and representatives of children and their parents and carers to monitor, review and improve the effectiveness of local unscheduled care services.

Links


http://www.rcpch.ac.uk/improving-child-health/better-nhs-children/service-standards-and-planning/general-paediatrics/faci-
20#Supporting Primary Care, KCL

http://www.rcpch.ac.uk/improving-child-health/better-nhs-
children/service-standards-and-planning/facing-future-together-c-
io#Healthcare at home

http://www.rcpch.ac.uk/improving-child-health/better-nhs-
children/service-standards-and-planning/general-paediatrics/faci-
4#Streamlining Acute inpatient admissions KCH, London

Notes

Facing the Future Together for Child Health - Translating standards into clinical practice

Dr Omowunmi Akindolie, Consultant in Ambulatory Paediatrics

Feedback Notes
Notes

Keynote Address: Challenges and opportunities for developing an integrated approach for managing the acutely sick child
Professor Monica Lakhanpaul

Feedback Notes
Notes

Service Redevelopment Panel
Mrs Sarah Clarke- Divisional Director, Royal Marsden Hospital
Dr Sadru Kheraj- GP Partner, Herne Hill Group Practice
Dr Rachael Mitchell- Darzi Fellow, University Hospital Lewisham
Ms Zoe Tribble- Clinical Team Manager, Children’s Outreach Team, King’s College Hospital

Feedback Notes
Notes

The Well Centre- A one, stop shop, drop in youth health centre
Dr Stephanie Lamb, GP Partner Herne Hill Group Practice, Co-Founder of The Well Centre

Feedback Notes
Notes

Developing a Paediatric Ambulatory Unit - The first 100 days

Dr Trisha Radia, Consultant Paediatrician, Croydon University Hospital

Feedback Notes
Intensive Treatment Programme - An Innovation in the management of eating disorders

Dr Mima Simic, Consultant Child and Adolescent Psychiatrist, South London and Maudsley NHS Trust
Notes

Developing a Paediatric Ambulatory Service in Lagos, Nigeria
Dr Dayo Ajayi-Obe, Consultant in Ambulatory Paediatrics, Hammersmith Hospital

Feedback Notes
Notes

Children, Young People and Family Panel
Patient experience stories, Q&A with the audience

Feedback Notes
Notes

Immunotherapy: Delivering a safe service on the Day Unit and beyond
Dr Nicola Brathwaite, Consultant Paediatric Allergist
Ms Melanie Davies and Ms Ashira Simmons - Paediatric Allergy Clinical Nurse Specialists
Young Person Service User, King’s College Hospital

Feedback Notes
Feedback Notes

Optiflow at Home - The patient journey
Dr Cara Bossley, Consultant in Paediatric Respiratory Medicine
Ms Emily Downing, Paediatric Respiratory Clinical Nurse Specialist
Parent and service user, King’s College Hospital
Gold Sponsor

Healthcare at Home work with pharmaceutical companies and health systems to deliver the best possible care outside of the hospital for both acute and long-term conditions. As a leading provider of clinical homecare in Europe, we support more than 150,000 patients a year across 49 different therapy areas. That’s 1 in 500 patients in the UK. In fact, we oversee 11,000 interactions a day and have cared for over 4 million patients since we started in the 1990s.

Every member of the team, from specialist clinician to driver, lives by the same simple philosophy: the patient comes first.

Why Healthcare at Home?

When something happens, when you’re at your most vulnerable, your first instinct is to get back home. The goal is to provide the care people need in the place they most want to be. Because patients do better at home.
With many thanks to our Sponsors:

Abbott

Fisher & Paykel Healthcare

Abbvie
How to get to King’s

By train

The closest station is Denmark Hill station which is located next to the Foetal Medicine Research Institute. There are trains running every 15 minutes to Victoria and Blackfriars stations as well as London Overground services toward Clapham Junction and Highbury & Islington.

*More information can be found at: www.nationalrail.co.uk*

By tube and bus

The nearest underground stations are Oval, Elephant and Castle and Brixton which are just 15 minutes’ bus ride from Denmark Hill.

Bus stops within a 2-10 minute walk are located on Champion Park and Denmark Hill.

*For more information visit: www.tfl.gov.uk*

We advise using public transport where possible, as parking at the hospital is limited and there is a charge.