Overview
SHRINE: Sexual and Reproductive Health Rights, Inclusion and Empowerment, is a 3 year project to deliver and evaluate sexual and reproductive healthcare (SRH) for targeted communities in the boroughs of Lambeth and Southwark.

Our aim is to provide SRH services to people from 3 key targeted groups:

- **1st year – People who use drugs problematically**
- **2nd year - Serious Mental Illness (SMI)**
- **3rd year - Intellectual Disabilities (ID)**

The programme started on May 16th, 2016 and is funded by Guy’s and St Thomas’ Trust Charity. It is being delivered by the Kings Health Partnership (KHP) consisting of: Guy’s and St Thomas’ NHS Foundation Trust, Kings College Hospital and South London and Maudsley NHS Trust.

Human Rights Based Approach (HRBA)
We have stepped the programme purposely to give ourselves the opportunity to research and understand what a HRBA to providing SRH means. We started a literature review to understand the different definitions of HRBA and how it can be conceptualised and operationalised in SRH care. We also have engagement from key human rights experts, including Professor Paul Hunt (former UN Special Rapporteur on the right to health 2002-08), to inform our programme’s approach.

Service Provision – Evaluating Models of Care
We will be evaluating two models of care to ascertain the best way to provide a HRBA to SRH services:

1. Increasing access of people from the 3 target groups to existing mainstream SRH services
   (Clients access the SHRINE service via a priority access appointment clinic at Camberwell Sexual Health clinic)
2. Designated SH practitioner providing SRH clinics embedded within substance treatment centres, mental health, and ID services
   (We currently run two in-reach clinics at drugs treatment providers: Lorraine Hewitt House and Lifeline)

Training Provision
We are looking to develop the SRH capacity of the healthcare professionals working with these targeted groups by developing a suite of training programmes. We will be developing basics/essentials SRH training as well as practical clinical skills based training. First, we are developing a postnatal contraception training course for midwives at Guy’s and St Thomas’ NHS Foundation Trust. The aim of the training is to skill up midwives working with SHRINE’s clients with the clinical skills to insert a contraceptive implant and/or provide depo and progestogen-only pill. Many of the women from the targeted groups have unplanned pregnancies, the pregnancies are frequently complicated. They may also experience the social trauma of repeat removals of their children into care. SHRINE wants to support these clients that rarely engage or attend mainstream services. We aim to address this health inequality through a HRBA and facilitate their right to safe family planning and the opportunity to decide the number and spacing of their children.

Research Aims
We aim to develop an evidence base around how to provide a HRBA to SRH for these vulnerable patients. We want to develop an effective, ethical, accessible and user-centred reproductive and sexual health service for people who use drugs problematically, SMI and ID and will be producing different research papers/projects on the topic as we progress.

For more information, please contact: Elana Covshoff, SHRINE Programme Manager, 020 3299 5038 and email referrals to kch-tr.SHRINEReferral@nhs.net.