

World Diabetes Day 2019

at King's Health Partners

The number of people with diabetes in the UK has

DOUBLED

in the last 20 years

4.7

million people in the UK have diabetes



40%

of people with diabetes say it affects their psychological wellbeing



1 in 6

people in a UK hospital bed have diabetes

The NHS spends at least

£10 billion

a year on diabetes
(7% of the NHS annual budget)



The Institute of Diabetes, Endocrinology and Obesity serves

2 million patients

 across south-east England,

making it the largest provider of diabetes and endocrinology services in the UK

From January 2016 to October 2019

145 people

with diabetes have been recommended for mental health support by our Mind & Body team

We are 6 months into a 15 month pilot of:

T1DE:

(Type 1 Diabetes and Disordered Eating)

providing patient-led treatment plans that address mental and physical needs

We have been able to help more individuals to self-manage their diabetes through initiatives such as:

Youth Empowerment Skills Programme

run during school and university holidays as a transition service for young people with diabetes

Evening Sessions at our Transition Clinics

to accommodate those with busy schedules who previously could not make it

We are piloting the

3 Dimensions of Care for Diabetes

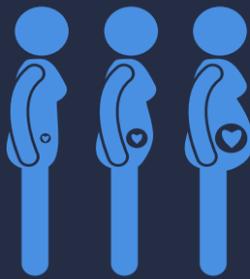
programme for Lambeth and Southwark residents targeting people with difficult to control diabetes



Our Institute is exploring new ways to

reverse type 2 diabetes

with pioneering new surgical procedures



Our Institute is currently testing a home kit to detect new diabetes in pregnancy



Our research into prevention of **diabetic foot**

complications continues to deliver patient benefit and is now examining complications in the pre-diabetic state



A new study is in progress to assess the impact of psychological support at diagnosis

We have been awarded funding of

£45m

to ensure our patients benefit from healthcare innovation



More than **600** of our published research articles have amassed to more than **6,000 citations**.

26% of our research papers submitted to the Research Excellence Framework (REF) were rated 'world-leading', and **74%** were 'internationally excellent'



In 2020, our Institute is launching



Modules in Advanced Diabetes and Obesity

for healthcare professionals

A number of courses are available to staff and students on the

King's Health Partners Learning Hub, including

ThinkGlucose: Inpatient Care for People with Diabetes



staff education and better use of e-prescribing

has reduced the number of severe hypos and other adverse events for our inpatients