The number of people with diabetes in the UK has DOUBLED in the last 20 years. The Institute of Diabetes, Endocrinology and Obesity serves 2 million patients across south-east England, making it the largest provider of diabetes and endocrinology services in the UK.

We are 6 months into a 15 month pilot of: T1DE: (Type 1 Diabetes and Disordered Eating) providing patient-led treatment plans that address mental and physical needs.

We have been able to help more individuals to self-manage their diabetes through initiatives such as: Youth Empowerment Skills Programme run during school and university holidays as a transition service for young people with diabetes and Evening Sessions at our Transition Clinics to accommodate those with busy schedules who previously could not make it.

We are piloting the 3 Dimensions of Care for Diabetes programme for Lambeth and Southwark residents targeting people with difficult to control diabetes.

We have been awarded funding of £45m to ensure our patients benefit from healthcare innovation.

More than 600 of our published research articles have amassed to more than 6,000 citations. 26% of our research papers submitted to the Research Excellence Framework (REF) were rated 'world-leading', and 74% were 'internationally excellent'.

In 2020, our Institute is launching Modules in Advanced Diabetes and Obesity for healthcare professionals.

To learn more visit: bit.ly/Diabetes-Obesity-Endocrinology